



Planet ThinkSafe

Playgrounds

Playgrounds can be in schools, public places or parks or home backyards. They are great places to places to have fun, but you can also be hurt if you do not know about some common hazards and look out for them. ThinkSafe SAM will show you some playground hazards and how to play safely.

When you are playing in school or public playgrounds or in a home backyard watch out for:

Spot the hazard	Assess the risk	Make the changes
Things you could fall off, like monkey bars or climbing frames	If you fall, you could graze or hurt yourself, break some bones or get other injuries.	Look out for others when playing on monkey bars or climbing frames. Only use these when they are dry.
Uneven ground or wet surfaces that are slippery.	You could trip or slip and hurt yourself.	Watch out for uneven and wet or slippery surfaces. Walk, don't run.
Broken or damaged equipment	You could fall or cut yourself.	Don't play on it and tell an adult.
Broken glass, needles and other sharp objects	They could cause a nasty cut.	Look out for broken glass, needles and other sharp objects. Wear shoes.
Loose clothing, or clothing with drawstrings	It could catch on something or you could get stuck or choke.	Wear close fitting clothing without drawstrings.
Stacked materials, like wood piles in backyards or pipes in public places	They may fall if you climb or pull on them. There may be splinters, nails, spiders, snakes etc.	Don't play on them.
Other children when you jump off equipment, use a slide or swing, or when you swing a bat or throw a ball	Someone could hurt their head or break bones	Look out for other children before you jump, slide, swing, use a bat or throw a ball.
Pushing or shoving other children while playing	Someone could be hurt badly	Do not push or treat other children roughly
Poisons like pesticides, fertilizers and some paints, or things in unmarked containers such as bottles, jars or packets	If you touch, swallow or breathe fumes from them, they can make you very sick or burn your skin. Unmarked containers may have dangerous contents.	Never touch poisons or things in unmarked containers such as bottles, jars or packets. Tell an adult about them
Gardening tools like spades, forks and rakes	You could cut yourself	Do not play with them and put them away when not being used
The hot sun and its ultraviolet rays (UV).	UV can burn and damage your skin and eyes. It may also become very thirsty and sick.	Be SunSmart: slip, slop, slap, seek and slide; and drink lots of water.
Spiders and insects like ants or bees	They can cause nasty bites and stings.	Never touch them. If there are a lot, tell an adult.